The Specials Team



We are so excited for the upcoming year at PSPA. This year Specials will be on a different rotation. Grades Kg, 4 and 5 will be seen on Mondays and Wednesdays, Grades 1, 2 and 3 will be on Tuesdays and Thursdays. Go Pioneers!

## Health and Wellness with Coach Bruce

Hi! I'm Amy Bruce, otherwise known as "Coach Bruce" in the hallways of PSPA. This year will be my 19th year of teaching, about half of those years in the classroom and half in the gymnasium. I absolutely love working with kids, teaching them about different ways to keep their bodies and minds healthy. I'm a kid at heart, so most often I am playing with them and getting any opportunity to exercise. In addition to physical activity, I put emphasis on perseverance, teamwork, and goal setting. Health will be taught within each lesson as well. Physical Activity will fall into these 4 domains: Motor Skills, Movement Concepts, Health-Related Fitness, and Personal-Social Responsibility as outlined in the NC Healthful Living Standards.

#### Here are a few Grade-specific concepts that will be taught:

**K**- locomotor skills, balance, movement concepts such as spatial awareness and start/stop signals.

1 - movement patterns, sequences, rhythm differences/learn what exercises increase heart rate vs. muscle strength

2 - create smooth transition between sequential locomotor skills/ use equipment to perform movement skills/increase endurance and stamina while setting personal goals

**3** - execute mature form when combining locomotor skills with change in direction/illustrate how practice, attention, and effort are required to improve a skill

**4**- apply movement skills to sports/implement changes in speed, direction, and pathways while handling equipment/ understand why and how to complete a preand post- fitness assessment, including self-monitoring of the heart

**5** - execute complex locomotor skills specific to individual, dual, and team activities/offense and defensive strategies/use cooperation and communication to achieve common goals.

Some of the sport fundamentals all grades will learn: basketball, volleyball, track, soccer, speed stacking, and table ball.

# **Global Ed with Mrs. Thompson** The Places We'll Go in 2020-2021

When children learn about the world and global issues, they acquire critical thinking skills, knowledge and compassion. By participating in real world problem solving, global learners become more aware, more engaged and ultimately, more empowered to change the world. - KThompson

### Kindergarten Pioneers - <u>Discovering the World Around Us: Fiction,</u> <u>Non-Fiction and Fun</u>

Through engaging literature, students will learn about various subjects and places. Each class is wrapped up with a fun Global Whiz Quiz. Be sure to ask your kindergartener what he or she learned today in GE and you are certain to learn something new yourself!

#### 1st Grade World Travelers - Traveling the World, Learning All the Way!

Get their passport ready - your first grader is getting ready to take a trip around the world! We will visit at least one country per continent, listening to stories, watching videos, learning flags, visiting landmarks and having fun! You won't believe how many miles we'll travel. We might even send you a postcard from our favorite place!

2nd Grade World Investigators - <u>Endangered Species Research & Study</u> Do you know how many species of rhinos there are? Do you know where they live and why they are endangered? These questions and many more will get answered while we search the world over for species in peril. Through mapping, research and video investigation, your 2nd grader will become aware that there is much work to be done in the field of wildlife conservation.

*3rd Grade World Changers - <u>Conservation Crusaders: Learn, Care, Act</u>* Can you imagine a world without pollinators? If we do not act soon, this problem could become a reality. We will learn what we can do to help and then we'll take action. Through a letter writing campaign, we will ask local mayors to help us with this initiative. Our voices have power and we <u>can</u> change the world. With "Learn, Care, Act" as our mantra, we will be investigating sharks as well, and discovering how their drastically diminishing numbers impact our oceans and ultimately, our planet.

### 4th Grade World Explorers - <u>International Geography, Demographics and</u> <u>Culture</u>

Armed with research, maps and in-depth reporting, your 4th graders will be learning about various countries, capitals and populations. Through independent study and small groups, your child will be reporting on the world stage and teaching his or her peers about interesting places all over the world.

#### 5th Grade World Entrepreneur\$ - <u>Financial Literacy: Budgets, Business and</u> <u>the Stock Market</u>

Get ready - your child is about to be thrown into the real world, financially speaking! We will be learning about budgets, salaries, bills, taxes, credit cards, insurance, investing and international currency. Your student will be buying and selling stocks. They will be creating a product or service to sell. They will be marketing and advertising. By the end of the year, *you* may be asking your child for financial advice!

### Art with Ms. Carter

Ms. Carter is returning to the world of art at PSPA!! We will be exploring various types of Digital Media throughout the grade levels and taking a trip around the world and beyond. Each grade level will be creating various types of artwork that will occasionally align with the classroom domains. Other projects will reinforce what has already happened in the classroom and have a stronger focus on art history or the artistic process.

*Kindergarten* will be honing in on their fine motor skills with step by step projects and a lot of creativity. This year has a strong focus on how color and lines are used in artwork and how to discuss artwork using basic art vocabulary.

*1st Grade* travels back in time learning about various civilizations and the art produced there. They will also dive further into the elements of art, discussing the use of color, line, shape and texture but also applying these elements to their own works of art.

2nd Grade will get to experience paper mache as they create their own large scale insects. With a little bit of sewing, painting, drawing and other forms of media they will further their artistic skills.

*3rd Grade* is rich in art history with various stops throughout the world. They will be creating landscapes, paper mache animals, some Navajo projects and Byzantine Mosaics to name a few.

*4th Grade* will be introduced to Illuminated Manuscripts, Gothic Architecture and then Islamic, African and Chinese art. They will be creating their own manuscript, a rose window and Islamic Tessellations among other projects throughout the year.

*5th Grade* will be completing various weaving projects, mayan codex, micrography portraits and they will close out the second half of the year with a strong focus on creating the decor for the Era Market.

### Music with Mrs. Hash

"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything!" -Plato

Mrs. Hash's goal is to allow the love of all things music to grow as well as encourage a confident, nurturing environment for students to thrive! They will build on musical concepts like rhythm, melody, dynamics, tempo and pitch while learning about rhythmic staffs and their time signature, bar lines and other music symbols!

<u>*K-1st graders*</u> will learn to play simple rhythms, melodies and a steady beat. We will work on moving responsively to music while walking, marching, swaying and using scarves. They will learn how to identify notes and rests, time signatures and different parts of a rhythmic staff. They will be introduced to new musical terminology and some basic music symbols. Through participation, students will become familiar with some of the basic elements of music. Each student will be expected to sing unaccompanied, accompanied and in unison while learning the C Major scale and using solfege hand signs.

<u>2nd-3rd graders</u> will begin to play more complex rhythms, melodies while maintaining a steady beat. They will take the knowledge they obtained through previous years to continue to work on notes and rests, time signatures and different parts of a rhythmic staff. They will be introduced to new musical terminology and

some basic music symbols. Through participation, students will become familiar with some of the basic elements of music. Each student will be expected to sing unaccompanied, accompanied and in unison while learning the C Major scale and using solfege hand signs.

<u>**3rd-5th graders</u>** will learn how to identify notes and rest, time signatures, different parts of a rhythmic staff and write compositions using each. Students will be able to recognize steady beat and play one, as well as simple rhythm patterns and syncopation patterns. They will be introduced to new musical terminology and more complex music symbols. Students will be taught how to discriminate between fast and slow and loud and soft and how to use the musical terminology for each. They will also become familiar with some of the basic elements of music through participation using body percussion, instruments and vocals. Each student will be expected to sing unaccompanied, accompanied and in unison with focus on proper technique while doing so. They will be introduced to the C Major scale and will be expected to sing it while using solfege hand signs.</u>

# Technology with Ms. Smith

Ms. Smith has stepped away from general education to teach technology to elementary grades for the school year 2020-2021.

In various ways, using various technology platforms, students will:

-be introduced to technology by explaining the components of a computer, how they work together

-learn to use proper social behavior online, stay safe on the internet and use it wisely

-use the finger reach method, introduce index and middle finger letter keys, Space Bar, and proper poster

-learn how to compose letters, envelopes, emails, reports, and presentations using G Suite applications